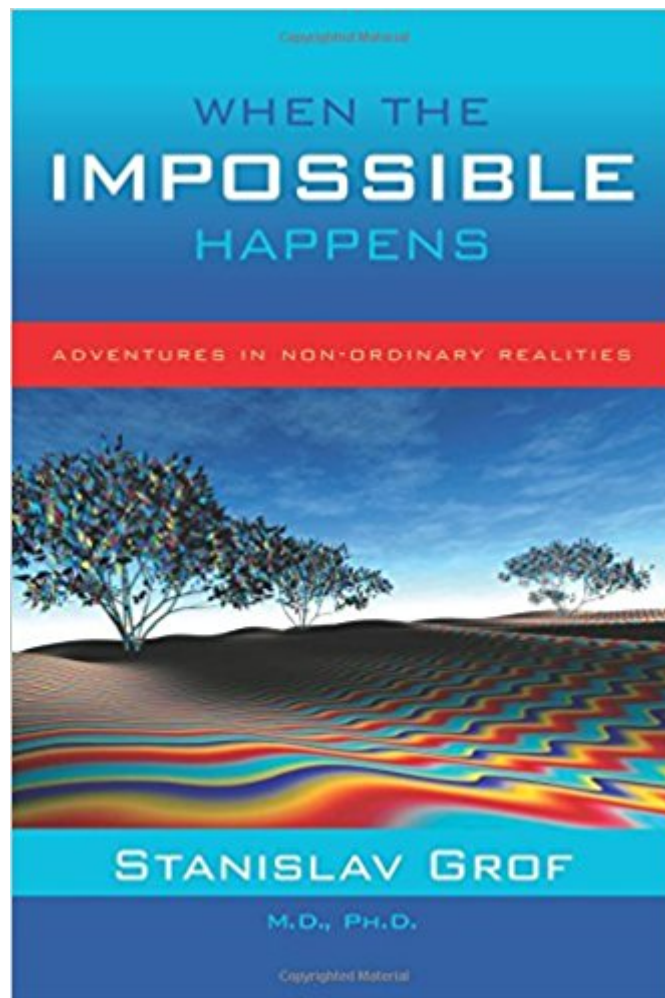




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# When The Impossible Happens: Adventures In Non-Ordinary Realities



## Synopsis

Feelings of oneness with other people, nature, and the universe. Encounters with extraterrestrials, deities, and demons. Out-of-body experiences and past-life memories. Science casts a skeptical eye. But Dr. Stanislav Grof •the psychiatric researcher who cofounded transpersonal psychology•believes otherwise. When the Impossible Happens presents Dr. Grof 's mesmerizing firsthand account of over 50 years of inquiry into waters uncharted by classical psychology, one that will leave readers questioning the very fabric of our existence. From his first LSD session that gave him a glimpse of cosmic consciousness to his latest work with Holotropic Breathwork, When the Impossible Happens will amaze readers with vivid explorations of topics such as: Temptations of a Non-Local Universe•experiments in astral projectionPraying Mantis in Manhattan and other tales of synchronicityTrailing Clouds of Glory•remembering birth and prenatal life Dying and Beyond•survival of consciousness after deathWhen the Impossible Happens is an incredible opportunity to journey beyond ordinary consciousness, guaranteed to shake the foundations of what we assume to be reality, and sure to offer a new vision of our human potential.

## Book Information

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## Customer Reviews

Stan Grof's new book, "When the Impossible Happens," has become an instant transpersonal classic. The most personable and accessible of his many projects, I recommend this book enthusiastically to anyone interested in human consciousness, including the study of synchronicities, pre- and perinatal experiences, racial and collective memories, ESP and

paranormal abilities, karma and reincarnation, the convergence of science and mysticism, and survival of consciousness after death. Drawing upon fifty years of disciplined research into the extraordinary properties of the human psyche, Grof presents a series of representative experiences of himself, his colleagues, and his patients of powerful journeys in non-ordinary or holotropic ("moving toward wholeness") states of consciousness. The content of many of these experiences were then objectively verified afterward, often to incredible surprise. These included obstetric details from birth, experiences of the subject's mother during pregnancy, obscure episodes from the lives of parents and ancestors, unknowable details from past lives, minute physiological characteristics of various animal and plant species, arcane details of world mythologies of which the subject clearly had no prior knowledge, and many other examples. A number of these fit the criteria for later objective verification through hospital records or research libraries; that is, they have the credibility of paradigm busters. The sheer volume and quality of these remarkable documented experiences suggest a radical revisioning of the outmoded mechanistic and monistic vision of reality, and point instead toward a cosmos governed by higher intelligence, numinous meaning, and even sophisticated humor. What makes this book so special is the depth of personal sharing.

Grof throws it all at you in this delightful little book on consciousness and transpersonal psychology, which is also an easy read. He discusses and elaborates on many topics that are of interest in exploring paradigm shifting views on the nature of consciousness and existence and so migrating us out of the straight jacket of materialistic monism and Freudian psychology, that have so dominated western thinking. Topics reviewed include Holotropic breathwork, Crop Circles, Siddha Yoga, LSD and Ketamine Based therapy sessions, past life regression therapy, Synchronicities, Shamanic Influences, Primal Therapy, ESP, Remote viewing, Basic Perinatal Matrices (BPM), Astrological Archetypes etc. and it is mostly through direct experiential based vignettes garnered from the authors 50 years in the field. The Holotropic breathwork itself seems like a variant on Osho's dynamic kundalini pranayama, and active meditations that is combined with music. Knowing from my own experience the relationship between breathing rhythm and the quality and one's conscious state and moods, ( a fact that is also known for millennia from the teachings of Siddhas such as Thirumoolar), it is highly likely that it can be used to raise deep unconscious and traumatic states so that they can be therapeutically resolved. Just like people remember things based on a trigger from the time the memory was implanted, each traumatic event in a person past life or past lives will have its own characteristic breathing rhythm and going into this upsetting breathing rhythm can be used as a trigger to raise it once again.

Sorry Captain Kirk. Space is limited to the known universe which, vast as it is, pales in comparison to the unknown universes that exist just behind the shadows of our consciousness. Like millions, I too have enjoyed the fabulous imaginary worlds, incredible futures and technological wizardry that bubble up from the minds of great science fiction writers. Then I began to read about a part of each of us that we know relatively little about: our consciousness. What we know about consciousness comes from the very limited vantage point of our waking state, and a bit more from our dreams. This experience fools us into believing that this reality is all there is. Western Science reinforces this idea since it is grounded in a philosophical worldview spread by a distinctly un-spiritual Christian mindset that sees true mystical experiences as the domain of only saints and psychotics. But in 1943, a Swiss chemist named Albert Hofmann gave to the world a molecule that could allow anyone to experience conscious states far beyond our survival-mode highly-filtered reality. This molecule, of course, was LSD and before the United States government rushed to judgement and declared all psychedelic substances as wholly unbeneficial for human research, amazing results were being published in the literature about the effectiveness of psychedelics in psychotherapy, in drug and alcohol addiction, in easing the fear of death in terminal patients and in non medical areas as creativity, problem solving and other intellectual and artistic endeavors.

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